

MANUAL



How to use the Insta360 One X2

Table of contents

INSTAX360 ONE X2 POCKET 360 Steady Cam	2
In the box	2
Step 1: check	3
Is all the necessary equipment there?	3
Is the 360 camera ready to use?	3
Step 2: record	3
Turn on the INSTA360	3
Before you start recording.....	3
Start and stop recording	4
After recording	4
Extra: settings	5

INSTAX360 ONE X2 POCKET 360 Steady Cam

In the box



- **INSTA360 ONE X2**
- **USB-C to USB3.0 cable**
- **MicroSD card + adapter**

You learn by doing, therefore this is just a short manual.

Step 1: check

Is all the necessary equipment there?

- INSTA360 ONE X2
- USB-C to USB3.0 cable
- MicroSD card + adapter

Is the 360 camera ready to use?

- Are there charged batteries in the INSTA360 (side)? Charging with USB-C cable (side input above battery)
- Is there an SD card in the INSTA360? (At the battery side, visible when the battery is out)

Step 2: record

Turn on the INSTA360

Press the powerbutton on the side.

- Camera off? Press the powerbutton to turn on.
- Camera on standby mode? Press the powerbutton to turn the screen on or off.

Before you start recording

1. Format the micro SD card

- a. Tap the screen on the front of the device.
 - i. Swipe the screen from top to bottom with your finger
 - ii. Swipe from right to left
 - iii. Tap the gear wheel symbol to go to settings
 - iv. Scroll to SD card, tap this.
 - v. Tap format, tap check symbol
 - vi. The card is being formatted
 - vii. To go back to camera view: swipe from left to right, then from bottom to top.

If there is no reaction when you're pressing the buttons and the device is turned on: press the powerbutton 6 seconds to force a shutdown. All settings and files are being saved, the camera shuts down.

2. Set the correct settings to create a 360° video:

- a. 360
- b. video
- c. 4K/50 is good enough!



3. The camera has to be connected to your

smartphone, through the Insta360 app you'll find in the appstore. Follow the instructions on both devices. It's not always necessary if the device is already linked to a smartphone.

4. Download and install the editing software on your computer.

- a. <https://www.insta360.com/download/app/studio2019>
- b. Here you'll be able to upload and edit + export your video.
- c. Tutorials for this you'll find online. You learn by doing!



Start and stop recording

- 1. Press the button below the screen. The recording starts.
- 2. Press again to stop recording.

After recording

1. Save the files to your computer.

You can transfer the files by connecting the USB-C cable to the INSTA360 and your computer.

- a. The USB mode must be set to 'DESKTOP MODE'
 - i. Drag your finger from top to bottom
 - ii. Drag your finger from right to left
 - iii. Tap the gear > General > USB MODE > Desktop mode

2. If you don't want subsequent users to be able to view your recordings, reformat the card!

- a. Tap the front screen below the camera
 - i. Drag your finger from top to bottom
 - ii. Drag your finger from right to left
 - iii. Press the gear
 - iv. Scroll down to SD card, tap.
 - v. Tap format, tap checkmark
 - vi. The card will be formatted.
 - vii. To go back to camera: drag from left to right, then from bottom to top

3. Turn off the INSTA360.

Press the power button for 6 seconds, the camera will shut down.

4. Disconnect everything and put everything back in the box as you received it.

Please return the material on the agreed date.

Extra: settings

Please see the following web page to correct any settings if something does not work:

<https://onlinemanual.insta360.com/onex2/en-us/camera/basic>



Good luck!