howest
university of applied sciences

GO INTERNATIONAL WITH HOWEST!

Your guide for international mobility



"Don't be afraid to go out and explore!"

Winner "Share Your Experience" contest 25-26

Candice Enright / Industrial Product Design / Study semester at ITESM Querétaro, Mexico / Grant Province of West Flanders

2027 edition
ENGLISH

» AN OPEN DOOR TO THE WORLD

Are you interested in having an international experience during your undergraduate studies? Howest offers many opportunities to **strengthen your international and intercultural competencies** while expanding your **global engagement**. Our students are trained to be global citizens who operate in a globalised environment professionally and socially. We actively encourage our bachelor's students to engage in international cooperation and mobility abroad.

A well-rounded international experience leads to **personal growth**. You will master a foreign language, sharpen your intercultural communication skills, gain self-confidence, assertiveness and maturity. You will expand your circle of friends and broaden your view on world affairs. In addition, the **international perspective** you gain on your field of study and profession will create new opportunities.

Studying or doing an internship across the (language) border shows that someone is mobile, flexible, independent and entrepreneurial. These are personal qualities that market well. Employers look for the skills and attitudes enhanced by international experience.

For **personal enrichment** and an **added bonus for your CV**, we strongly encourage you to do part of your studies abroad. We have a wide range of exchange and collaboration options, including short-term ones, and numerous internship contacts in Europe and beyond. The partner schools of our RUN-EU European University alliance and our +200 other partners offer numerous project weeks and study semesters. Howest supports its mobile students by offering **grants** and **tailored guidance**, with a focus on **inclusion** of underprivileged individuals and **sustainable travel**.



Annija Bodniece / DAE / study at University of Wisconsin-Stout, USA / Erasmus+ beurs

"Crossing the ocean to live so far from home was one of the scariest but also most rewarding things I've ever done. Erasmus made me realize what I am truly passionate about, by giving me an opportunity to expand beyond my usual studies."

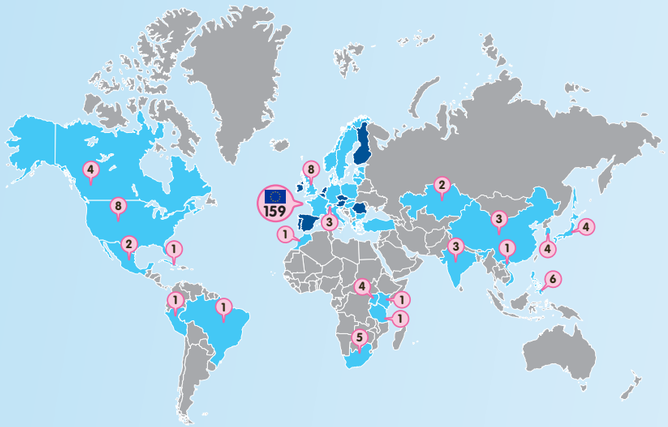
Lucas Viaene / Cybersecurity / study at Universidade Politécnica do Cávado e do Ave (UPCA) in Barcelos, Portugal / Erasmus+ grant

"Erasmus changed me in ways I never expected. I became more independent and flexible, got to know myself better, and developed a broader view of the world. Every challenge and adventure shaped me in a way that will stay with me forever."



Howest's partner schools in Europe and in our focus countries outside of Europe

- Our RUN-EU (■) and other partners (■) are ready to welcome you for a semester of study, a research project, an internship or a short-term mobility project.
- You can do an internship anywhere in the world where it is safe, so long as you have permission from your study programme. Howest collaborates with a wide network of long-standing internship partners around the world.
- Did you know that you can go on a study exchange or internship in French-speaking Belgium?



leho

Our GO International info site is your portal to the great, wide world!
Check there for **DESTINATIONS** for your study abroad or internship: Go Europe - Go Global - Go Asia - Go South

Under **GRANT PROGRAMMES** you will find all the calls and information for Erasmus+, Flemish (VLUHR) and West-Flemish **funding** - at least 9 types - to help finance your international mobility. Nearly every student going on a long-term (minimum 2 months) study/traineeship receives a grant.

Erasmus+ west-vlaanderen de gedreven provincie GLOBAL MINDS vluhr International Flanders State of the Art

Erasmus+

» FULL RECOGNITION OF YOUR INTERNATIONAL STUDIES

Your period of (exchange) study at a partner institution abroad will be fully recognised by Howest. **This means that both the credits and scores you obtain there are transferred to your official academic transcript.** The courses you take abroad replace the courses you would have taken had you stayed at Howest. Everything is well defined in advance via your Learning Agreement (LAS). You can still adjust that LAS in the first weeks of your stay, subject to permission from your Howest international coordinator, of course.

» RUN-EU EUROPEAN UNIVERSITY

REGIONAL UNIVERSITY NETWORK
EUROPEAN UNIVERSITY

Howest is one of 10 partners of RUN-EU, a EUROPEAN UNIVERSITY alliance with high regional impact in the 9 countries where it has campuses, namely **Czech Republic, Finland, Ireland, the Netherlands, Austria, Portugal, Romania, Spain** and Belgium. RUN-EU offers numerous learning and research opportunities to students and staff in addition to traditional Erasmus mobility, e.g. the many Short Advanced Programmes (SAPs), the RUN-EU Weeks or becoming a member of the RUN-EU Student Council. RUN-EU provides **grants** for all those mobilities. Keep an eye on the RUN-EU info site on LEHO!

» www.run-eu.eu



2nd place "Share Your Experience" contest 25-26

Anna Broderick / Digital Arts and Entertainment / study semester at Universidade de Leiria e Oeste (ULO), Portugal / Erasmus+ grant

"Portugal really teaches you how to slow down and just breathe. Through my Erasmus, I met so many amazing people and hope we will remain lifelong friends. It was such an amazing experience that changed me in many ways and made life seem a bit more relaxed and colourful."



Jelle Braeckman / Industrial Product Design / traineeship in Tokyo / Flemish Generic grant

"What I thought would just be a good line on my CV turned into something I genuinely didn't see coming, a shift in how I look at almost everything I design."



Loïc Van de Wiele / Industrial Product Design / study semester at Chalmers University of Technology in Gothenburg, Sweden, Erasmus+ grant

"This experience in Gothenburg gave me not only new inspiration as a designer, but also as a student. It showed me that good ideas often emerge from simplicity, observation, and everyday life, sometimes during a simple fika."



Winner "Be the face of the Go International campaign" contest

Elena Mihai / Digital Design and Development / Study exchange at Hanyang University, South Korea / Flemish Generic grant

"My semester in South Korea has been by far the most memorable chapter in my life."

Go South, Go for Impact!

A lot of students choose an internship or project in a low or middle-income country where Howest has collaborations in the capacity of exchange and global engagement.

Inclusive international mobility

All grant programmes offer higher allocations and often priority selection to students from underprivileged and underrepresented groups. Erasmus+ also covers extra expenses for students with special needs and even finance a preparatory visit.

You can also turn to Stuvo for additional support and guidance.

ERASMUS+ allots extra funds for those who choose **Green Travel,** which is a must for distances below 500 km! Howest encourages its students and staff to opt for sustainable alternatives, such as train instead of plane.



Toms Krastiņš-Rullis / Digital Design and Development / internship in the Netherlands / Erasmus+ grant

"From Latvia to the Netherlands: powered by stroopwafels and Amsterdam canals!"

» A WELL-PREPARED DEPARTURE

Your study or internship abroad will go much smoother if you have **good command of the language**. The International Office will reimburse up to €100 for learning or refreshing the language you need for your mobility. And Erasmus+ offers, at no cost, the chance to take an online course in the language needed for your mobility, at your own level and pace.

Students travelling to the Global South and those applying for a grant from the Province of West Flanders are required to attend a preparatory day covering international and intercultural competences, as well as practical information.

It is mandatory to take out **comprehensive travel insurance**, including cancellation cover, for the entire duration of your mobility period. The school's insurance policy remains in force as well, but it does not provide cover for cancellation, assistance, or repatriation. International degree students are expected to already have such insurance in place, but should make sure it remains valid if they undertake a study or internship mobility outside Belgium.

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Follow the step-by-step instructions on the LEHO Go International info site for a smooth preparation of your study abroad or internship.



Winner "Share your Experience" contest 24-25

Audrey De Vleeschauwer / Digital Design and Development / traineeship in Washington DC, USA / Flemish TWC grant

"I always felt like a bit of a global citizen, but suddenly I was right in the middle of the action, in a city where you can literally feel social change happening on the streets. Every day I saw history being made, and I was able to be part of it."





Kenan Emrulah / Applied Architecture / China from Within study trip, open to all Howest bachelor's students

"China, where past and future rise together like a dragon."

Internationalisation starts on campus!

Howest welcomes more and more international students every year. These days, there are 1,693 of you, from 117 different countries. We encourage our local students to get acquainted with the internationals, and the other way around.

Be a buddy to an international student!

Howest students can become buddies to incoming students from abroad. **A buddy is a kind of mentor who welcomes their international pal and shows them around Howest and the city.** As an international student, you can support newly arrived internationals as their buddy, share your experience, and help create a welcoming Howest Global Community.
Sign up via the 'Be a buddy' section on howest.be/international.



Dinka Joy Gijsels / Bachelor Secundary Education / as a buddy of incoming students Jihye Kim from South Korea and Marin Mitsugi from Japan / Together for a walk in Bruges



Anthony Planquette (top left) & Reinout Danneels (top centre) / Business Management / RUN-EU SAP *"Eurovalues Nexus: Empowering European Citizens"* / RUN-EU grant

Anthony is also a member of the RUN-EU Student Council.

Join your classmates for an International Week, E+ BIP and more!

As an international student @Howest, you might be most interested in our short-term mobility options, such as going abroad in groups for a **project week or study trip**. The Erasmus+ Blended Intensive Programmes (BIPs) and the RUN-EU Short Advanced Programmes (SAPs) combine online and physical cooperation, and provide specific scholarships for the week's stay with the partner. Many of our study programmes offer an international 'warm up' thanks to collaborative online projects with students around the world. **Find out about your options from your internationalisation coordinator.** And in our Leho Go International module 'Short-term mobility', you will find everything you need to know about the Erasmus+ SBM grants (Short-term Blended Mobility) and about the RUN-EU SAP or LEXS grants.



GO INTERNATIONAL WITH HOWEST!

Quentin Dejaeghere / Digital Arts and Entertainment DAE / traineeship in Japan with Erasmus+ grant

"The journey of self-discovery begins with an adventure."

Campus International Coordinators

Your first contact is the **International Coordinator for your study programme**. You will find their name on the Leho Campus Info Site under "International", or on Leho - Go International via "Who's who".
You can also contact the International Office colleagues on your campus:



An Goegebuer
International coordinator
Howest Bruges
internationalohb@howest.be



Roeland Pype
International Coordinator
Howest Kortrijk
internationalohk@howest.be



Katelijne Demeyere
Global Engagement Officer - Global South internships - Connect framework programme
goforimpact@howest.be

howest.be/en/going-abroad
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