

GO INTERNATIONAL WITH HOWEST!

Your guide for international mobility

2nd place
"Share Your
Experience"
contest
24-25

**"A journey of discovery that has broadened
my world and myself forever!"**

Febe De Decker (2nd left) / Applied Psychology /
traineeship in Bayombong, Philippines / ASEM WPP grant



» AN OPEN DOOR TO THE WORLD

Are you interested in having an international experience during your undergraduate studies? Howest offers many opportunities to **strengthen your international and intercultural competencies** while expanding your **global engagement**. Our students are trained to be global citizens who operate in a globalized environment professionally and socially. We actively encourage our bachelor's students to engage in international cooperation and mobility abroad.

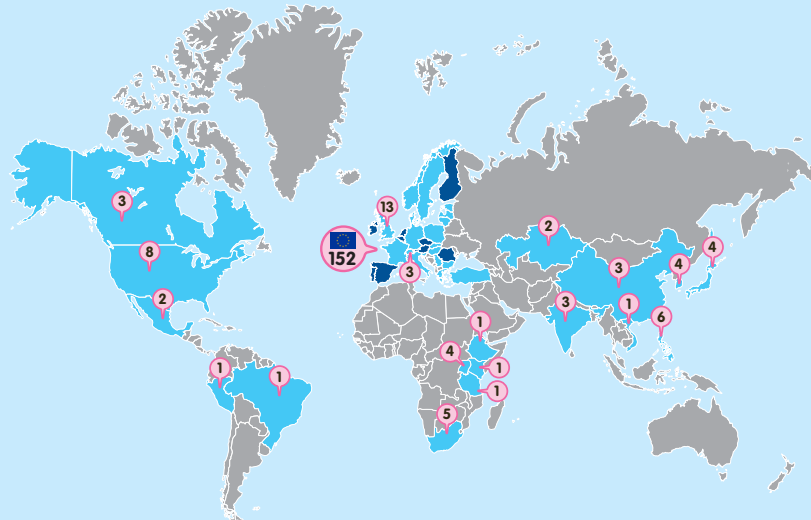
A well-rounded international experience leads to **personal growth**. You will master a foreign language, sharpen your intercultural communication skills, gain self-confidence, assertiveness and maturity. You will expand your circle of friends and broaden your view on world affairs. In addition, the international perspective you gain of your profession will create new opportunities.

Studying or doing an internship across the (language) border shows that someone is mobile, flexible, independent and entrepreneurial. These are personal qualities that market well. Employers look for the skills and attitudes enhanced by international experience.

For **personal enrichment** and an **added bonus for your CV**, we strongly encourage you to do part of your studies abroad. We have a wide range of exchange and collaboration options, including short-term ones, and numerous internship contacts in Europe and beyond. The partner schools of our RUN-EU European University alliance and our +200 other partners offer numerous project weeks and study semesters. Howest supports its mobile students by offering **grants** and **tailored guidance**, with a focus on **inclusion** of underprivileged individuals and **sustainable travel**.

Howest partner schools in Europe and in our focus countries outside of Europe

- Our RUN-EU (■) and other partners (■) are ready to welcome you for a semester of study, a research project or an internship.
- You can do an internship anywhere in the world where it is safe, so long as you have permission from your study programme. Howest collaborates with a wide network of long-standing internship partners around the world.
- Did you know that you can “go on Erasmus” for study or internship in French-speaking Belgium with an Erasmus Belgica grant?



Anniya Bodniece / DAE / study at University of Wisconsin-Stout, USA / Erasmus+ beurs

“Crossing the ocean to live so far from home was one of the scariest but also most rewarding things I’ve ever done. Erasmus made me realize what I am truly passionate about, by giving me an opportunity to expand beyond my usual studies.”

Lucas Viaene / Cybersecurity / study at IPCA in Barcelos, Portugal / Erasmus+ grant

“Erasmus changed me in ways I never expected. I became more independent and flexible, got to know myself better, and developed a broader view of the world. Every challenge and adventure shaped me in a way that will stay with me forever.”



Our GO International info site is your portal to the great, wide world!

Check there for **DESTINATIONS** for your study abroad or internship: Go Europe - Go Global - Go Asia - Go South

Under **GRANT PROGRAMMES** you will find all the calls and information for Erasmus+, Flemish (VLUHR) and West-Flemish **funding** - at least 12 types - to help finance your international mobility. Nearly every student going on a long-term (minimum 2 months) study/traineeship receives a grant.



» COMPLETE RECOGNITION OF YOUR INTERNATIONAL STUDIES

Your period of study at a partner institution abroad will be fully recognised by Howest. This means that both the credits and scores you obtain there are transferred to your official academic transcript. The courses you take abroad replace the courses you would have taken had you stayed at Howest. Everything is well defined in advance via your Learning Agreement. You can still adjust that LAS in the first weeks of your stay, subject to permission from your Howest international coordinator, of course.



Jeroen Buyck / Digital Arts and Entertainment DAE / study semester at the University of Skövde, Sweden / Erasmus+ grant

"Unforgettable! That was my experience in one word. I explored Sweden together with complete strangers who I gladly call my friends today. Studywise, I went bold and tried UX and was pleasantly surprised by it. An Erasmus semester really gives you the chance to try things you would not experience within DAE."

» RUN-EU EUROPEAN UNIVERSITY



Howest is one of 10 partners of RUN-EU, a EUROPEAN UNIVERSITY alliance with high regional impact in the 9 countries where it has campuses, namely Czech Republic, Finland, Ireland, the Netherlands, Austria, Portugal, Romania, Spain and Belgium. RUN-EU offers numerous learning and research opportunities to students and staff in addition to traditional Erasmus mobility, e.g. the many Short Advanced Programmes (SAPs), the RUN-EU Weeks or becoming a member of the RUN-EU Student Council. RUN-EU provides grants for all those mobilities. Keep an eye on the RUN-EU info site on LEHO!

» www.run-eu.eu



Tom Verbeeck / Digital Arts and Entertainment DAE / study semester at Kajaani University of Applied Sciences, Finland + internship in Malmö, Sweden / 2x Erasmus+ grant

"Exploring the Nordic countries is something you need to do!"



Toon Van der Gucht / Industrial Product Design / study semester at Mondragón University, Basque Country, Spain / Erasmus grant

"I would recommend everyone to take the plunge and go on Erasmus. And who knows... maybe, like me, you will choose a place off the beaten track. Because that is often where you find the most valuable experiences."



Winner "Be the face of the Go International campaign" contest

Elena Mihai / Digital Design and Development / Study exchange at Hanyang University, South Korea / Flemish Generic grant

"My semester in South Korea has been by far the most memorable chapter in my life."

Go South, Go for Impact!

A lot of students choose an internship or project in a low or middle-income country where Howest has collaborations in the capacity of exchange and global engagement.

Inclusive international mobility

All grant programmes offer higher allocations and often priority selection to students from underprivileged and underrepresented groups. Erasmus+ also covers extra expenses for students with special needs and even finance a preparatory visit.

You can also turn to Stuvo for various forms of additional help for your international mobility: funding - support services - guidance.



ERASMUS+ allots extra funds for those who choose **Green Travel**, which is a must for distances below 500 km! Howest encourages its students and staff to opt for sustainable alternatives, such as train instead of plane.



Klaudia Warmus / Multimedia & Creative Technologies / Internship in Italy / Erasmus+ grant

"The combination of working at a car design studio and experiencing Italy's beauty has been an adventure of a lifetime. I have gained a new perspective on the industry I am passionate about, and I am grateful for having worked with such a talented team."

» A WELL-PREPARED DEPARTURE

Your study or internship abroad will go much smoother if you have **good command of the language**. The International Office will reimburse up to €100 for learning or refreshing the language you need for your mobility. And Erasmus+ offers, at no cost, the chance to take an online course in the language needed for your mobility, at your own level and pace.

Our **CONNECT FRAMEWORK** guides you before, during and after your mobility. If you travel to the Global South, you will be required to follow the CONNECT programme.

For all other mobile students, it is optional, though highly recommended. Through CONNECT you are guaranteed to increase the impact of your mobility. Certain programmes award credits for CONNECT.

Make sure you get the right **insurance** in time. Fortunately, most students do not need it, but if something does happen, the right insurance will save you and your family a lot of trouble. Travel assistance including cancellation insurance is mandatory for intercontinental travel, and highly recommended for any mobility. Check always whether it covers the full duration.

leho Follow the step-by-step instructions on the LEHO Go International info site for a smooth preparation of your study abroad or internship.



Winner
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Audrey De Vleeschauwer / Devine / traineeship in Washington DC, USA / Flemish TWC grant

"I always felt like a bit of a global citizen, but suddenly I was right in the middle of the action, in a city where you can literally feel social change happening on the streets. Every day I saw history being made, and I was able to be part of it."



Janca Van De Velde (front left, with other Howest students) / Applied Architecture / China from Within study trip

"Wander the world, savor the moments, live the journey!"

Internationalisation starts on campus!

Howest welcomes more and more international students every year. These days there are 1,214 of you, from 116 different countries... We encourage our local students to get acquainted with the internationals, and the other way around.

Be a buddy for an international student!

Howest students can become buddies for incoming students from abroad. **A buddy is a kind of mentor who welcomes their international pal and shows them around Howest and the city.** As a buddy, you automatically become part of the Howest Global Community and create a fantastic international network on your campus. Sign up via the 'Be a buddy' section on howest.be/international.



Dinka Joy Gijssels / Bachelor Secondary Education / as a buddy of incoming students Jihye Kim from South Korea and Marin Mitsugi from Japan / Together for a walk in Bruges

Join your classmates for an International Week, E+ BIP and more!

As an international student @Howest, you might be most interested in our short-term mobility options, such as going abroad in groups for a **project week or study trip**. The Erasmus+ Blended Intensive Programmes (BIPs) and the RUN-EU Short Advanced Programmes (SAPs) combine online and physical cooperation, and provide specific scholarships for the week's stay with the partner. Many of our study programmes offer an international 'warm up' thanks to collaborative online projects with students around the world. **Find out about your options from your internationalisation coordinator.** And in our Leho Go International module 'Short-term mobility', you will find everything you need to know about the Erasmus+ SBM grants (Short-term Blended Mobility) and about the RUN-EU SAP grants.



Thomas Lokere / Business Management / Short Advanced Programme SAP Smart Everything at IPCA Portugal / RUN-EU grant.

Thomas also is the Chair of the RUN-EU Student Council, and a RUN-EU Ambassador.

"If you want to be part of the future, be part of RUN-EU!"



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Quentin Dejaeghere / Digital Arts and Entertainment
DAE / traineeship in Japan with Erasmus+ grant

"The journey of self-discovery begins with an adventure."

Campus International Coordinators

Your first contact is the **International Coordinator for your study programme**. You will find their name on the Leho Campus Info Site under "International", or on Leho - Go International via "Who's who". You can also contact the International Office colleagues on your campus:



An Goegebuer

International coordinator
Howest Bruges
international.ohb@howest.be



Roeland Pype and Kristin Keller

International Coordinators
Howest Kortrijk
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 howest.be/en/going-abroad

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