

GO INTERNATIONAL WITH HOWEST!

Your guide for international mobility

**"Push boundaries, discover wonders,
and embrace the adventure of an
international internship!"**

Indiana Decloedt (r) and **Caitlin Decordier** (2nd from right) /
Applied Health Sciences / traineeship in the Philippines /
ASEM WPP grant

» AN OPEN DOOR TO THE WORLD

Are you interested in having an international experience during your undergraduate studies? Howest offers many opportunities to **strengthen your international and intercultural competencies** while expanding your **global engagement**. Our students are trained to be global citizens who operate in a globalized environment professionally and socially. We actively encourage our bachelor's students to engage in international cooperation and mobility abroad.

A well-rounded international experience leads to **personal growth**. You will master a foreign language, sharpen your intercultural communication skills, gain self-confidence, assertiveness and maturity. You will expand your circle of friends and broaden your view on world affairs. In addition, the international perspective you gain of your profession will create new opportunities.

Studying or doing an internship across the (language) border shows that someone is mobile, flexible, independent and entrepreneurial. These are personal qualities that market well. Employers look for the skills and attitudes enhanced by international experience.

For **personal enrichment** and an **added bonus for your CV**, we strongly encourage you to do part of your studies abroad. We have a wide range of exchange and collaboration options, including short-term ones, and numerous internship contacts in Europe and beyond. The partner schools of our RUN-EU European University alliance or our +200 other partners offer **a range of** project weeks and study semesters. Howest supports its mobile students by offering **grants** and **tailored guidance**, with a focus on **inclusion** of underprivileged individuals and **sustainable travel**.

Howest partner schools in Europe and in our focus countries outside of Europe

- Our RUN-EU and other partners are ready to welcome you for a semester of study, a research project or an internship.
- You can do an internship anywhere in the world where it is safe, so long as you have permission from your study programme. Howest collaborates with a wide network of long-standing internship partners around the world.
- Did you know that you can “go on Erasmus” for study or internship in French-speaking Belgium with an Erasmus Belgica grant?



Margit Verbeke (I) / Industrial Product Design / study semester at TEC Monterrey in Querétaro, México / Flemish Priority Country grant

“Viva Mexico! Long live its vibrant culture, where taste, music and passion merge into a colourful symphony. A true experience that I will cherish forever, and plenty of people who are are close to my heart!”

Adelina Giurea / Applied Computer Science / Internship via TEC Monterrey in Querétaro, Mexico / Flemish Priority Country grant

“I recommend doing an internship abroad to anyone who gets the chance. It is an unforgettable experience where you get to know a new country, culture, and people. It can be tricky at the beginning to arrange your scholarship and internship, but it's all worth it!”

2nd place
“Share Your
Experience”
contest
21-22



Our GO International info site is your portal to the great, wide world!

Check there for **DESTINATIONS** for your study abroad or internship: Go Europe - Go Global - Go Asia - Go South

Under **GRANT PROGRAMMES** you will find all the calls and information for Erasmus+, Flemish (VLUHR) and West-Flemish **funding** - at least 12 types - to help finance your international mobility. Nearly every student going on a long-term (minimum 2 months) study/traineeship receives a grant.



» COMPLETE RECOGNITION OF YOUR INTERNATIONAL STUDIES

Your period of study at a partner institution abroad will be fully recognised by Howest. This means that both the credits and scores you obtain there are transferred to your official academic transcript. The courses you take abroad replace the courses you would have taken had you stayed at Howest. Everything is well defined in advance via your Learning Agreement. You can still adjust that LAS in the first weeks of your stay, subject to permission from your Howest international coordinator, of course.

» RUN-EU EUROPEAN UNIVERSITY



Howest is one of 8 partners of RUN-EU, a EUROPEAN UNIVERSITY alliance with high regional impact in the 7 countries where it has campuses, namely Finland, Ireland, the Netherlands, Austria, Portugal, Spain, and Belgium. RUN-EU offers numerous learning and research opportunities to students and staff in addition to traditional Erasmus mobility, e.g. the many Short Advanced Programmes, the RUN-EU Weeks or becoming a member of the RUN-EU Student Council. Keep an eye on the RUN-EU info site on LEHO!

» www.run-eu.eu



Jeroen Buyck / Digital Arts and Entertainment DAE / study semester / University of Skövde, Sweden / Erasmus+ grant

"Unforgettable! That was my experience in one word. I explored Sweden together with complete strangers who I gladly call my friends today. Studywise, I went bold and tried UX and was pleasantly surprised by it. An Erasmus semester really gives you the chance to try things you would not experience within DAE."



Tom Verbeeck / Digital Arts and Entertainment DAE / study semester at Kajaani University of Applied Sciences, Finland + internship in Malmö, Sweden / 2x Erasmus+ grant

"Exploring the Nordic countries is something you need to do!"



Jooren Mattheeuws / Sports and Movement / traineeship Cambodia / Flemish Genericke-bours / Jooren won our Share your Experience contest 23-24.

"Looking back now, I realise how this experience has enriched my life and broadened my horizons. It was not just an internship. It was a journey of self-discovery, growth and friendship that opened my heart to new opportunities to make a difference in the world. So, to anyone who has doubts: 'A leap of faith, that's all it is!' Seize the opportunity while you're still young."



Winner "Be the face of the Go International campaign" contest 2023

Elena Mihai / Digital Design and Development / Study exchange at Hanyang University, South Korea / Generic grant

"My semester in South Korea has been by far the most memorable chapter in my life."

Go South, Go for Impact!

A lot of students choose an internship or project in a low or middle-income country where Howest has collaborations in the capacity of exchange and global engagement.

Inclusive international mobility

All grant programmes offer higher allocations and often priority selection to students from underprivileged and underrepresented groups. Erasmus+ also covers extra expenses for students with special needs and even finance a preparatory visit.

You can also turn to Stuvo for various forms of additional help for your international mobility: funding - support services - guidance.



ERASMUS+ allots extra funds for those who choose **Green Travel**, which is a must for distances below 500 km! Howest encourages its students and staff to opt for sustainable alternatives, such as train instead of plane.



Klaudia Warmus / Multimedia & Creative Technologies / Internship in Italy / Erasmus+ grant

"The combination of working at a car design studio and experiencing Italy's beauty has been an adventure of a lifetime. I have gained a new perspective on the industry I am passionate about, and I am grateful for having worked with such a talented team."

» A WELL-PREPARED DEPARTURE

Your study or internship abroad will go much smoother if you have **good command of the language**. You can follow the free “English for Exchange Students” course offered every semester on your campus. The International Office will also reimburse up to €100 for learning or refreshing the language you need for your mobility. And Erasmus+ offers, at no cost, the chance to take an online course in the language needed for your mobility, at your own level and pace.

Our **CONNECT FRAMEWORK** guides you before, during and after your mobility. If you travel to the Global South, you will be required to follow the CONNECT programme.

For all other mobile students, it is optional, though highly recommended. Through CONNECT you are guaranteed to

increase the impact of your mobility. Certain programmes award credits for CONNECT.

Make sure you get the right **insurance** in time. Fortunately, most students do not need it, but if something does happen, the right insurance will save you and your family a lot of trouble. Travel assistance including cancellation insurance is mandatory for intercontinental travel, and highly recommended for any mobility. Check always whether it covers the full duration.



Follow the step-by-step instructions on the LEHO Go International info site for a smooth preparation of your study abroad or internship.



Jamie De Smet / Applied Architecture / study semester at Seoul National University of Science and Technology, South Korea / Flemish Generic grant

“Seoul served as both a classroom for learning and a playground for experiencing new tastes and cultures.”



2nd place
“Share Your Experience”
contest
22-23

Ferre Geirnaert / Secondary Education / Study exchange at Tsuru University, Japan / Flemish Priority Country grant

“Japan is a true paradise wherever you go. But it is not an easy destination, more like being dunked headfirst into an ice-cold bath. Fortunately, we were given a speed course in Japanese. I’m glad I followed my gut feeling because there’s nothing better than an international experience!”

Internationalisation starts on campus!

Howest welcomes more and more international students every year. These days there are 1,214 of you, from 116 different countries... We encourage our local students to get acquainted with the internationals, and the other way around.

Be a buddy for an international student!

Howest students can become buddies for incoming students from abroad. **A buddy is a kind of mentor who welcomes their international pal and shows them around Howest and the city.** As a buddy, you automatically become part of the Howest Global Community and create a fantastic international network on your campus. Sign up via the ‘Be a buddy’ section on howest.be/international.



Dinka Joy Gijssels / Bachelor Secondary Education / as a buddy of incoming students Jihye Kim from South Korea and Marin Mitsugi from Japan / Together for a walk in Bruges

Join your classmates for an International Week, E+ BIP and more!

Is a semester abroad too big of a jump for you? No worries, you can just as easily go abroad in groups for a **project week or study trip abroad**. The Erasmus+ Blended Intensive Programmes (BIPs) and the RUN-EU Short Advanced Programmes (SAPs) combine online and physical cooperation, and provide specific scholarships for the week’s stay with the partner. Many of our study programmes offer an international ‘warm up’ thanks to collaborative online projects with students around the world. **Find out about your options from your internationalisation coordinator.** And in our Leho Go International module ‘Short-term mobility’, you will find everything you need to know about the Erasmus+ SBM grants (Short-term Blended Mobility) and about the RUN-EU SAP grants.



Thomas Lokere / Business Management / Short Advanced Programme SAP Smart Everything / IPCA Portugal / RUN-EU grant.

Thomas also is the Chair of the RUN-EU Student Council, and a RUN-EU Ambassador.

“If you want to be part of the future, be part of RUN-EU!”



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Quentin Dejaeghere / Digital Arts and Entertainment
DAE / traineeship in Japan with Erasmus+ grant

"The journey of self-discovery begins with an adventure."

Campus International Coordinators

Your first contact is the **International Coordinator for your study programme**. You will find their name on the Leho Campus Info Site under "International", or on Leho - Go International via "Who's who". You can also contact the International Office colleagues on your campus:



An Goegebuer
International coordinator
Howest Bruges
international.ohb@howest.be



Roeland Pype and Kristin Keller
International Coordinators
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