

howest

university of applied sciences

GO INTERNATIONAL WITH HOWEST!

Your guide for international mobility



"My semester in South Korea has been by far the most memorable chapter in my life."

Elena Mihai
Digital Design and Development /
Study exchange at Hanyang University,
South Korea / Generic grant

**2024 Edition
ENGLISH**

AN OPEN DOOR TO THE WORLD

Are you interested in having an international experience during your undergraduate studies? Howest offers many opportunities to **strengthen your international and intercultural competencies** while expanding your **global engagement**. Our students are trained to be global citizens who operate in a globalized environment professionally and socially. We actively encourage our bachelor's students to engage in international cooperation and mobility abroad.

A well-rounded international experience leads to **personal growth**. You will master a foreign language, sharpen your intercultural communication skills, gain self-confidence, assertiveness and maturity. You will expand your circle of friends and broaden your view on world affairs. In addition, the international perspective you gain of your profession will create new opportunities.

Studying or doing an internship across the (language) border shows that someone is mobile, flexible, independent and entrepreneurial. These are personal qualities that market well. Employers look for the skills and attitudes enhanced by international experience.

For **personal enrichment** and an **added bonus for your CV**, we strongly encourage you to do part of your studies abroad. We have a wide range of exchange and collaboration options, including short-term opportunities, with +200 schools and internship partners across Europe and beyond. Howest supports its mobile students by offering **grants** and **tailored guidance**, with a focus on **inclusion** of underprivileged individuals and **sustainable travel**.



Amber Debo (r) / Communication/ Study exchange at Chestnut Hill College, Philadelphia / Erasmus + ICM-grant

"I went to the United States, a big dream of mine came true. I could have never imagined how much I would learn, not only about the culture and my major but about myself too! If I can give future students one piece of advice: participate in everything! I went to so many workshops on campus, club meetings, sports games, ... It is the best way to connect with people."



2nd place "Share Your Experience" contest 21-22

Adelina Giurea / Applied Computer Science / Internship via TEC Monterrey in Querétaro, Mexico / Flemish Priority Country grant

"I recommend doing an internship abroad to anyone who gets the chance. It is an unforgettable experience where you get to know a new country, culture, and people. It can be tricky at the beginning to arrange your scholarship and internship, but it's all worth it!"

Howest partner schools in Europe and in our focus countries outside of Europe

- Our partners are ready to welcome you for a semester of study, a research project or an internship.
- You can do an internship anywhere in the world where it is safe, so long as you have permission from your study programme. Howest collaborates with a wide network of long-standing internship partners around the world.
- Did you know that you can "go on Erasmus" for study or internship in French-speaking Belgium with Erasmus Belgica?



Our GO International info site is your portal to the great, wide world! Check there for **DESTINATIONS** for your study abroad or internship: Go Europe - Go Global - Go Asia - Go South

Under **GRANT PROGRAMMES** you will find all the calls and information for Erasmus+, Flemish (VLUHR) and West-Flemish **funding** - at least 12 types - to help finance your international mobility. Nearly every student going on a long-term (minimum 2 months) study/traineeship receives a grant.



COMPLETE RECOGNITION OF YOUR INTERNATIONAL STUDIES

Your period of study at a partner institution abroad will be fully recognised by Howest. This means that both the credits and scores you obtain there are transferred to your official academic transcript. The courses you take abroad replace the courses you would have taken had you stayed at Howest. Everything is well defined in advance via your Learning Agreement.



Jeroen Buyck / Digital Arts and Entertainment DAE / Erasmus+ exchange / University of Skövde, Sweden

"Unforgettable! That was my experience in one word. I explored Sweden together with complete strangers who I gladly call my friends today. Studywise, I went bold and tried UX and was pleasantly surprised by it. An Erasmus semester really gives you the chance to try things you would not experience within DAE."

RUN-EU EUROPEAN UNIVERSITY



Howest is one of 9 partners of RUN-EU, a EUROPEAN UNIVERSITY alliance with high regional impact in the 8 countries where it has campuses, namely Finland, Hungary, Ireland, the Netherlands, Austria, Portugal, Spain, and Belgium. RUN-EU offers numerous learning and research opportunities to students and staff in addition to traditional Erasmus mobility, e.g. the Short Advanced Programmes or RUN-EU Weeks. Be sure to look for RUN-EU announcements on LEHO - Go International!

» www.run-eu.eu



Louise van den Eynde / Industrial Product Design / Erasmus+ exchange / Mid Sweden University Sundsvall, Sweden

"To my surprise, I quickly felt comfortable with the English language. It was incredibly nice to see for myself how much I could grow in such a short time, and of course not only by going to school ☺. A lot of fun trips and activities also came along. For example, we went to Lapland, with the internationals, where we learned about the Sami culture and did a husky safari."



Axan Planckaert & Marin Jansseune / Occupational Therapy / Internship in Suriname / Grant from the Province West Flanders

"We did an internship at Mytyl School, a school for children with disabilities. The first weeks we had to acclimate but after that we felt more and more at home. We returned with a different view of the world. Such an experience is an absolute asset for you as an individual."



Winner "Share your Experience" contest 22-23

Jolenthe Daniëls / Sports and Movement / Internship in Cambodia / Grant from the Province of West Flanders

"My internship at a community learning centre meant that sports and exercise were the main focus. I loved discovering another culture and seeing how things can be done differently. When the children thanked me after the lesson, I told them I especially had to say thank you to them, because they also taught me so much."

Go South, Go for Impact!

A lot of students choose an internship or project in a low or middle-income country where Howest has collaborations in the capacity of exchange and global engagement.

Inclusive international mobility

All grant programmes offer higher allocations and often priority selection to students from underprivileged and underrepresented groups. Erasmus+ also covers extra expenses for students with special needs and even finance a preparatory visit.

You can also turn to Stuvo for various forms of additional help for your international mobility: funding - support services - guidance.



ERASMUS+ allots extra funds for those who choose **Green Travel**. Howest encourages its students and staff to opt for sustainable alternatives, such as train instead of plane.



Klaudia Warmus / Multimedia & Creative Technologies / Internship in Italy / Erasmus+ grant

"The combination of working at a car design studio and experiencing Italy's beauty has been an adventure of a lifetime. I have gained a new perspective on the industry I am passionate about, and I am grateful for having worked with such a talented team."

A WELL-PREPARED DEPARTURE

Your study or internship abroad will go much smoother if you have **good command of the language**. You can follow the free “English for Exchange Students” course offered every semester on your campus. The International Office will also reimburse up to €100 for learning or refreshing the language you need for your mobility. And Erasmus+ offers, at no cost, the chance to take an online course in the language needed for your mobility, at your own level and pace.

Our **CONNECT FRAMEWORK** guides you before, during and after your mobility. If you travel to the Global South, you will be required to follow the CONNECT programme.



Nikita De Wilde / Biomedical Laboratory Technology / Internship in Montpellier, France / Erasmus+ grant

“Howest is strongly committed to internationalisation. That is one of the reasons why I chose it. It was sometimes tricky to combine an internship (and the accompanying assignments) with really enjoying this experience, but I learned to plan better, making it all possible. And as cliché as it sounds, I fell in love with travelling and the world.”

For all other mobile students, it is optional, though highly recommended. Through CONNECT you are guaranteed to increase the impact of your mobility. Certain programmes award credits for CONNECT.

Make sure you get the right **insurance** in time. Fortunately, most students do not need it, but if something does happen, the right insurance will save you and your family a lot of trouble. Travel assistance insurance is mandatory if you travel intercontinentally.



Follow the step-by-step instructions on the LEHO Go International info site for a smooth preparation of your study abroad or internship.

2nd place
“Share Your
Experience”
contest
22-23



Ferre Geirnaert / Secondary Education / Study exchange at Tsuru University, Japan / Flemish Priority Country grant

“Japan is a true paradise wherever you go. But it is not an easy destination, more like being dunked headfirst into an ice-cold bath. Fortunately, we were given a speed course in Japanese. I’m glad I followed my gut feeling because there’s nothing better than an international experience!”

Internationalisation starts on campus!

Howest welcomes more and more international students every year. Perhaps you already work together with international students in your courses or have already been taught by a lecturer from abroad.

Be a buddy for an international student!

Howest students can become buddies for incoming students from abroad. **A buddy is a kind of mentor who welcomes their international pal and shows them around Howest and the city.** As a buddy, you automatically become part of the Howest Global Community and create a fantastic international network on your campus. Sign up via the ‘Be a buddy’ section on howest.be/international.



Howest buddies Bruno Tardaguila & Noor Van de Steen (r) with international pal Aizpea Garmendia Iartza

“Our first contact happened before starting the Erasmus experience. Noor and Bruno were ready to help and they came to welcome me at the train station when I arrived. Since then, we have shared talks, meals, beers and laughs.”



Sofie Martens / Applied Architecture / VIA University College, Denmark / Project Week

“A week where you learn more than you could ever imagine about Danish culture and architecture thanks to the students you work with.”

Join your classmates for an International Week, E+ BIP and more!

Is a semester abroad too big of a jump for you? No worries, you can just as easily go abroad in groups for a **Project Week, E+ Blended Intensive Programmes (E+ BIPs) or a study trip**. For the E+ BIPs there are also Erasmus+ Short-term blended mobility (SBM) grants: combine online cooperation with a week’s physical stay at the partner institution. Many of our study programmes offer an international ‘warm up’ thanks to collaborative online projects with students around the world. **Find out about your options from your international coordinator.** In the Leho Go International ‘Short-term mobility’ module, you will find everything you need to know about the Erasmus+ SBM grants.



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Ricky Storme / Business Management / Internship in Canada / Erasmus+ ICM grant

"Coming to Vancouver was the best thing I've done in my life by far. From meeting the CEO of Forbes racing on snowmobiles to simply just being amazed by the nature, while going to work every day. You will grow so much more beyond what you think was possible!"

Campus International Coordinators

Your first contact is the **International Coordinator for your study programme**. You will find their name on the Leho Campus Info Site under "International", or on Leho - Go International via "Who's who". You can also contact the International Office colleagues on your campus:



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